



Warwickshire

Young Carers' [Project]

The Warwickshire Young Carers' Project offers support to Young Carers aged 8-25. Young Carers help to look after a sibling, parent or relative with a disability, long term illness, mental health issue or substance misuse.

Young Carers may be impacted by what is going on at home and may help in many different ways such as providing personal care, giving medicine, doing household chores, looking after siblings and giving emotional support.

The Project offers regular groups, activities and 121 support for Young Carers. Giving them time to have fun away from their caring responsibilities, to make friends with other Young Carers and to spend time in a supportive and understanding environment.

Please contact
Warwickshire Young Carers' Project
for more details or to make a referral:
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